### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APP             | ROVAL     |
|---------------------|-----------|
| OMB Number:         | 3235-0287 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Carter Paul Rutherford</u> |  |              |  |  | 2. Issuer Name <b>and</b> Ticker or Trading Symbol  Mallinckrodt plc [ MNK ] |   |   |      |  |  |                  |                        | Check all   | ionship of Reporting Perso<br>all applicable)<br>Director |  | ( )   | on(s) to Issuer<br>10% Owner |                       |  |                                       |
|--|--|--------------|--|--|--|---|---|------|--|--|------------------|------------------------|---|---|--|---|------------------------------|-----------------------|--|---------------------------------------|
| (Last)<br>675 MCI  | (Last) (First) (Middle) 675 MCDONNELL BLVD.  |              |  |  |  | 3. Date of Earliest Transaction (Month/Day/Year) 05/15/2019 |   |      |  |  |                  |                        |   |   | Officer (give title below)                                 |   |                              | Other (specify below) |  |                                       |
| (Street) HAZELV (City)   |  | MO<br>(State |  | 53042<br>Zip)                                      |  | 4. If   | 4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Application)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person |      |  |  |                  |                        |   | on  |  |   |                              |                       |  |                                       |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |              |  |  |  |   |   |      |  |  |                  |                        |   |   |  |   |                              |                       |  |                                       |
| 1. Title of Security (Instr. 3)  2. Transac Date (Month/Da             |  |              |  |  | Execution Date,  |   |   |      | ies Acquired (A) or<br>Of (D) (Instr. 3, 4 a |  |                  | nd 5) See<br>Bei<br>Ow | mount of<br>curities<br>neficially<br>ned Following   | Fo<br>(D  | Ownership<br>orm: Direct<br>O) or Indirect<br>) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                              |                       |  |                                       |
|  |  |              |  |  |  |   |   | Code | v  | Amount   | nount (A) or (D) |                        | Price   | Tra   | Reported<br>Transaction(s)<br>(Instr. 3 and 4)             |   |                              | (111501.4)            |  |                                       |
| Ordinary Shares 05/15/   |  |              |  |  | /2019  | 2019  |   | F    |  | 8,906  |                  | D                      | \$15  | 5.21  | 10,041   |   | D                            |                       |  |                                       |
| Ordinary   | Shares   |              |  |  | 05/15  | /2019   |   |      |  | A  |                  | 19,396                 | (1)   | A   | \$   | 0   | 29,437 D                     |                       |  |                                       |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |              |  |  |  |   |   |      |  |  |                  |                        |   |   |  |   |                              |                       |  |                                       |
| Derivative Conversion I  |  |              | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution D<br>if any<br>(Month/Day/ | n Date,  | Code (Instr.  |   | n of |  | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                  |                        | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>and 4) |   |  | 8. Price Derivative Security (Instr. 5)                           |                              | illy                  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|  |  |              |  |  |  | Code  | v   | (A)  | (D)  | Date<br>Exercisa   |                  | Expiration<br>Date     | Title   | or<br>Nui<br>of   | ount<br>nber<br>ires                                       |   |                              |                       |  |                                       |

### **Explanation of Responses:**

1. Consists of restricted stock units that vest in their entirety as of the date of the Company's 2020 Annual General Meeting. The restricted stock units settle in ordinary shares upon vesting.

### Remarks:

This Form 4 constitutes a notice to the Issuer for purposes of Part V of the Companies Act 2014.

/s/ Stephanie D. Miller, Attorney-in-Fact 05/17/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.